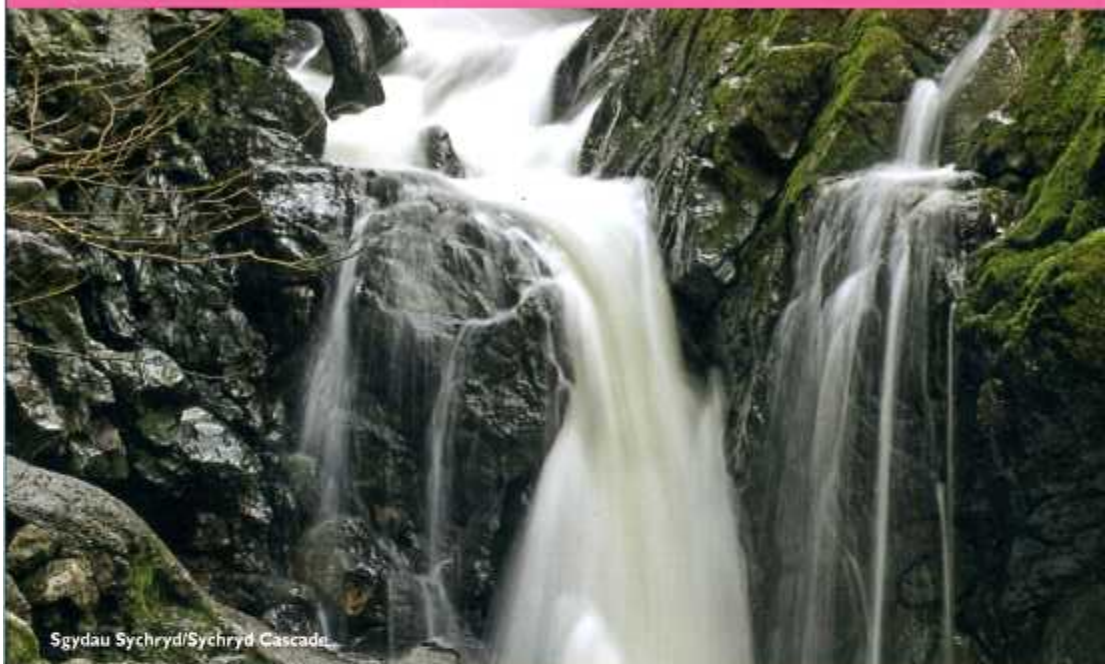


Llwybr Sychryd Sychryd Trail

LLWYBR
TRAIL

3



Sgydau Sychryd/Sychryd Cascade

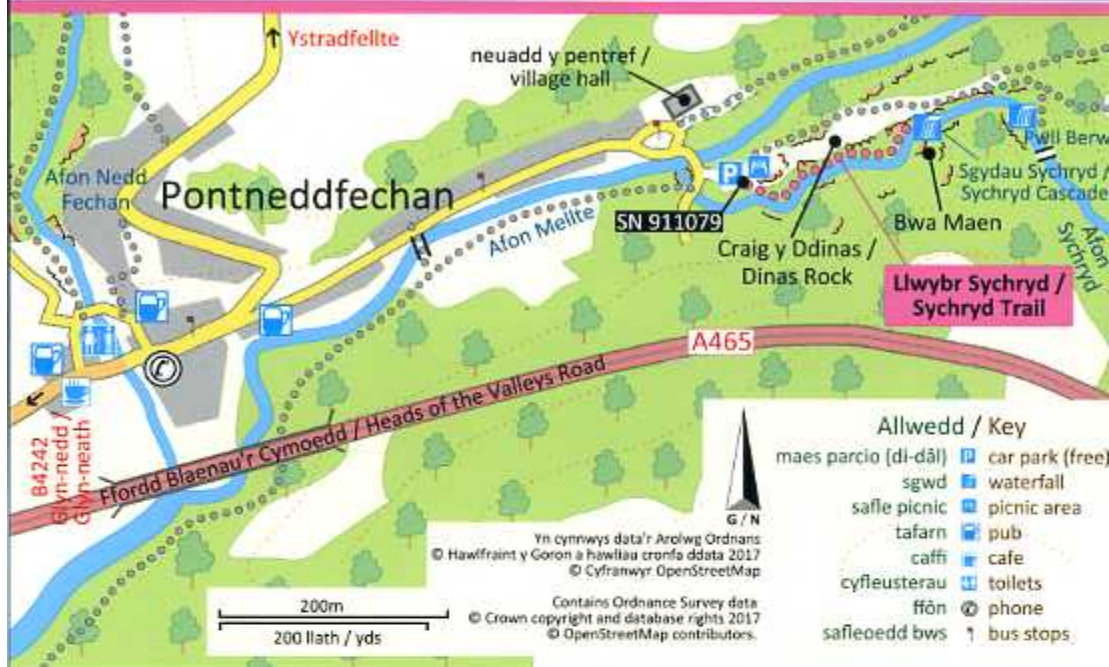
DECHRAU START						
		Tir dan draed Terrain	Y Ffactor Waw Wow Factor	Torfeydd Crowds	Amser Time	Pellter Distance
LLWYBR TRAIL 3	Maes parcio Craig y Ddinas Cyfeirnod grid: SN 911079 Dinas Rock car park Grid reference: SN 911079	1	2	4	20 munud/ minutes	0.5 milltir/miles (0.75 km)

Mae'r llwybr byr, gwastad, hygyrch hwn yn ymlwbro o garn creigiog dramatig Craig y Ddinas ar hyd ceunant coediog hyd at y Bwa Maen a Sgydau Sychryd.

Mae'r llwybr at Sgwd Sychryd yn dechrau yng nghornel maes parcio Craig y Ddinas ac mae'n dilyn llwybr ag arwyneb caled, hen dramffordd, drwy geunant coediog hardd Sychryd.

This short, flat, accessible stroll winds its way from the dramatic rock outcrop of Dinas Rock through a wooded gorge to the twisted stone arch of Bwa Maen and the Sychryd Cascade.

The path to the Sychryd Cascade starts in the corner of the Dinas Rock car park and follows a hard surfaced path, a former tramroad through the beautiful wooded Sychryd gorge.



Dyma'r ffordd y byddai cerrig silica caled eithriadol yn cael eu cludo, ar ôl cael eu cloddio o'r pyllau cyfagos. Roedd y ffaith fod silica'n gwrthsefyll gwres cystal yn golygu'i fod yn berffaith ar gyfer gwneud briciau tân, a fyddai'n gorchuddio tu mewn i'r ffwrneisiau yn ystod Chwyldro Diwydiannol De Cymru. Allforiwyd 'Briciau Dinas' i bob cwr o'r byd o'r fan yma.

Mae'r llywybr yn addas ar gyfer cadeiriau olwyn a cherbydau babis a phlant go gadarn, ac mae bwrdd picnic yn y maes parcio ac ar hyd y daith.

It was along this route that exceedingly hard silica rock was once transported, having been dug from the nearby mines. Its heat resistant qualities were perfect for making into fire bricks which lined the blast furnaces during the Industrialisation of South Wales. Known as 'Dinas bricks', these were exported around the world.

This trail is suitable for robust wheelchairs and buggies and has a picnic bench in the car park and along the route.